

**BE PART OF THE SOLUTION!
STOP THE SPREAD**

● Wash your hands regularly with soap or an alcohol-based hand sanitizer

● Avoid touching your eyes, nose, and mouth with unwashed hands,

Avoid close contact with people who are sick

● Cover your cough with a flexed elbow or a tissue, then immediately throw the tissue in the bin

● Clean and disinfect frequently touched objects and surfaces



STAY SAFE STAY HOME

WEAR YOUR MASK KEEP A PROPER DISTANCE